

MEDICAL EXAMINATION INSTRUCTION

Before joining your assigned vessel, you are requested to contact one of the following doctors to request an appointment for your pre-embarkation medical examination that has to be **as per the Norwegian Maritime Directorate form. Please inform the Doctor that the medical exam must be valid for two years from the date of issue, unless medical restrictions apply:**

Dr. Melles Imre

Aviation, Shipping and Maritime Medical Center

Gyáli út 17,

H - 1097 Budapest tel: +361 280 6809, mobile:

+36 302467646

e-mail: melles@t-online.hu

Please explain to the Doctor that you must pass a medical examination as per the Norwegian Maritime Directorate requirements.

The Doctor will then issue to you the medical certificate, clearly completed, signed and **stamped**.

It is your responsibility to check that the issue and expiration dates, as well as the Doctor's stamp, are clear and readable.

Please note that medical certificates without the readable Doctor's stamp and signature or without the specified issue and expiration dates will not be accepted.

Please remember that you must present your medical certificate to the Crew office upon joining your assigned vessel.